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Kristal Wick shows how to make quick, fabulous stretch bracelets using metal sliders with inset crystals.

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Kristal Wick shows how to make quick, fabulous stretch bracelets from metal sliders with inset crystals combined with stretchy cord. Plus, the sliders will go with everything in your stash! Use them with your favorite beads - it's such an easy technique that you can whip up a dozen of these bracelets in an evening.

### **Materials needed**

Elastic  
9 sliders  
27 – 3mm Swarovski crystal pearls (lavender)  
27 – 4mm crystal AB bicones  
36 clear seed beads (size 15)  
2 beadstoppers

### **Tools**

Scissors

### **Instructions**

1. Cut 2 pieces of elastic 20 inches each.
2. String this series 9 times: seed bead, pearl, crystal, pearl, seed bead, slider top hole.
3. String this series 9 times on the other piece of elastic: seed bead, crystal, pearl, crystal, seed bead, slider bottom hole.
4. When complete, tie each elastic separately with a very tight knot.

NOTE: The key to fitting properly is to make sure you pull the elastic tightly as you tie the 2 knots, otherwise the elastic will be too loose.

Great for graduation & weddings.

For more information about Kristal visit [www.kristalwick.com](http://www.kristalwick.com)

**Guest:**



**Kristal Wick**

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